



Worthy Women Recovery Home, Inc. is a **Christian** ministry that offers housing and education to women suffering from criminal thinking and/or substance abuse.

1 Peter 1:7



[www.worthyrecovery.net](http://www.worthyrecovery.net)  
219-325-3360 501c3

## July 2023 Newsletter

### Asking God for His will...

From Sonshine's Heart,

"According to **Philippians 2:13 ESV**, 'for it is God who works in you, both to will and to work for his good pleasure.' As a Christian I can believe God, and I do! When I interview potential residents in jail or prison, they say they want a relationship with God, they want to do His will, yet most don't want to surrender. It amazes me how quickly our residents forget that they were recently in jail, prison or even homeless, in some cases. I become very frustrated after 4 or 5 weeks of the negativity, excuses, blaming, lack of good coping skills, etc.



Back to God's will I go, saying "God please do your will and get mine out of the way." The incredible amount of doctor appointments the first 6 weeks, pale in comparison to their negative thinking, their victimizing, blaming others for their choices, and constant excuses; me having to repeat myself over and over, enduring slander, being talked about, being accused, etc., IT is exhausting. Is THIS God's will? YES, this is God's will! They hung Jesus, so I'm grateful that I don't have to pay for my sins." The only way I can be more like Jesus, is to endure, be patient and keep asking God to do HIS WILL!!

OH, GLORIOUS DAY, when I see a glow in their eyes and then, WE keep asking for God's will."

Four residents & Sonshine doing morning devotion on the porch of Worthy Women Recovery Home.



**L-R: Alice, Mandi Cornett, Misty and D.E. “Sonshine” Troche, WWRH Ex. Dir. and Founder.**

The Worthy Women 2023 Mother’s Day event sponsored by Qubit Networks, on May 19th, was amazing!! Alice barely showed any nervousness, and spoke with courage from her heart. Her son was in town for a training in Chicago and decided to attend at the last moment. He cried and said to me, “Sonshine, I never knew any of those things happened to my mom.”

Misty honored Alice extensively, (which even surprised me, knowing how Alice treated Misty when she worked here), Alice cried, and Misty even stopped in the middle of her speech and walked down to Alice to hug her! AND MANDI!!!! She really hit home with her presentation on “The complication of Trauma-related Addiction!” Mandi shared what Jesus may have been doing until He went into Ministry. Please watch the videos at [www.worthyrecovery.net](http://www.worthyrecovery.net)



**L-R: Nancy, Janet, and ‘J’ at St. John’s Thrift Store “buying’ smaller clothes after 4 weeks at WWRH**

WE WANT TO SAY “THANK YOU, THANK YOU, THANK YOU!!” to the St. John’s Lutheran Church Thrift Store for donating \$50 in clothing vouchers every single month since we’ve opened in May of 2016. These are for any new resident, or if not needed there, we can use them for other residents who may have lost weight from dieting and exercising. We are grateful that we can confidently tell potential residents “Not to worry about clothing when they come. St. John’s Thrift Store is right down the road and it is the first thing we do for them!

Our newest resident, ‘J’ wasn’t honest about her health needs before she arrived on May 31! If I were to follow my rule about one doctors’ appointment per week, per resident, she would be dead. (I



haven't written/sent a newsletter in 2 months) YET, 6 weeks later, her being here is definitely God's will! She is healing, growing and gave her life to JESUS!

She's been sent from one home to another since age 6, and was stuck in self-pity. That was difficult! While she may come from a VERY dysfunctional family, I CANNOT allow her to stay stuck in the past. Jesus died for every single person; God so loved the WORLD! Today she knows AND believes this and I am grateful. Thank you to every one who donated money and clothing for "J". Today, she is losing weight, exercising in the mornings, dieting 😊 and is addicted to the Dictionary; she LOVES to learn!! Please pray for complete healing for 'J's needs! God knows!



Susan Robertson, Faith Foelber and her three girls, come every Thursday for Arts & Crafts along with short bible lessons! Mercy, Hannah and Hosanna are always sooooo excited when they visit, but so are the residents. Recently the girls "made us a friendship cake, all by themselves without any help from Mommy because they LOVE our Ladies!" 😊

COVERED UP?! We've been asked why we're covering pictures of residents' faces. We've had too many residents who need protection for various reasons. So now, unless we've known the resident from a previous time at our home, we will continue to cover the faces. Thank you so much for understanding.

This work is exhausting, defeating, and tedious at times, yet so rewarding when one finally surrenders and sees the light, the hope of Jesus Christ's death, burial and resurrection!

**WWRH needs** your financial help. If we had the staff budgeted for 24/7 oversight, it WOULD cost us \$325,000 per year to operate.

**Next month I will explain why we do not want to receive funding from the government.**

#### **Planned giving gifts and/or leaving your Legacy at WWRH:**

Did you know it is a myth that you have to pass away to give a planned gift at WWRH. Please contact Sonshine or your attorney to consider blessing Worthy Women.

**Please call for a tour or to ask questions at 219-405-7006 cell or email [info@worthyrecovery.org](mailto:info@worthyrecovery.org)**

*D. E. "Sonshine" Troche*

D.E. "Sonshine" Troche, AAS, MRT® Advanced Certified  
Worthy Recovery Inc. dba WWRH, Executive Director & Founder