



Worthy Women Recovery Home, Inc. is a **Christian** ministry that offers housing and education to women suffering from criminal thinking and/or substance abuse.

1 Peter 1:7



[www.worthyrecovery.net](http://www.worthyrecovery.net)  
219-325-3360 501c3

## January 2024 Newsletter **BLESSED** NEW YEAR

### *The Heart of Addiction...pt. 2*

We at Worthy Women, want to wish you a very peaceful and Jesus-filled **blessed** New Year!

From Sonshine's Heart,

"The bible says in **Romans 12:2**, 'Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.' Can you even believe that your mind can be renewed?

Speaking of renewal, we are becoming Worthy Women Transformation, WWT - BIBLICAL DISCIPLESHIP HOME. I am training to be a Commissioned Addiction Biblical Counselor (CABC).

Staff & Volunteers are being trained; residents will have 8 (instead of 18) chances before they have to go; we have two more Jesus-following Board members; we will only use biblical counseling; we will have a weekly activity for the ladies to go do something fun (we have ZERO YARD SPACE).

We are building a new website, new email addresses, Facebook page, editing documents, updating policies for Volunteers, Staff, Residents, Board, etc.

**SO, WHY CHANGE after seven years?** As I said last month, I jumped in with zero experience, chased government funding, AND I am more convinced than EVER, that JESUS CHRIST is the only solution, the only way. It is the sinful heart that is the core.

I do not believe (and never have) that addiction is a disease. I very well understand that sometimes medicine is necessary; 18 years working with women, at a female juvenile facility, a men's prison, and 20 years volunteering in the jail and prisons, so I am convinced that over medicating is a serious problem.

Medication doesn't fix the heart or change it; my heart changed when it felt loved, I found it in the bible. After 26 years, I still am in awe of how different I am (well, most days). I believe Jesus was born of the Holy Spirit, lived sinless, died, was buried and rose to new life. That God ordained this great plan for us to be saved and forgiven, AND to put His Holy Spirit in us when we confess that we are sinners, repent, and believe in and unto Jesus, overwhelms me still. I want for every lady at WWT to surrender to Jesus, because she needs JESUS, nothing else will ever satisfy or save a hurting soul.



WORTHY WOMEN TRANSFORMATION  
is a non-profit, Christ-centered ministry  
for women desiring freedom from addiction  
through biblical discipleship.

I just received another letter of apology (14 apologies, 85 residents) from a recent resident who, AFTER getting mad (not at me) stormed out, got caught and is now sitting in jail awaiting prison. She wrote, "I sincerely apologize for leaving like I did. I wished I would have just talked to you." Me?? I cried for about two weeks, late at night, because I have to stuff it inside around the residents.

She wants to live for God; she has a step-mother, (mom and dad were both addicted, now deceased) her brother raped her at a young age. A resident belittled her upstairs, so she began lying about dumb stuff. The belittling resident told her she was a liar, and she got mad. FOUR times in 3 hours I asked her if she would talk. BUT she wanted what she wanted, to escape the truth and run from reality. She is a real sweet heart, she talks fast, thinks she has to impress those around her, because she thinks very lowly of herself. I have so been there. I am praying the Judge will allow her to come a 3<sup>rd</sup> time.



### WWT VALENTINE'S EVENT: "TRANSFORMED LOVE"

Sponsored by NEW AGE TELECOM

WHEN: February 9<sup>th</sup>, 2024

TIME: 6-9pm

WHERE: THE SILVER PALACE, 1719 State St. La Porte;

COST: FREE meal w/ pre-registration.

**OUR SECRET CUPID STRIKES WITH LOVE!! \$10,000 WILL BE MATCHED**  
with a FUNDRAISING GOAL of \$50,000 needed to hire two ministry-minded, Jesus-following, bible teaching staff.

Join us to hear gifted speaker and Jesus follower, Janalee Brown, share how the love of God has transformed her and her marriage. I will share how God's love has transformed me and how the funding for our remodeling came together in SIX SHORT WEEKS, as well as how we are moving forward and volunteer opportunities and requirements.

**OUR GRATITUDE ALL WHO DONATED THIS YEAR and to Liberty Bible Church for an incredibly generous gift to pay for our drain replacement and two fire-rated doors with small glass for the upstairs. Darrell and Cindy Crots made a personal visit to ensure we received the \$5,000 by December 31st. THANK YOU, Janette and Ken, from the Walmart in La Porte, for gifting us \$1,500 😊**



## 2<sup>ND</sup> FLOOR CONSTRUCTION UPDATE:

Electrician - Dec 30<sup>th</sup>, 2023; Drywall hang, patch & finish, Floor patched Jan 1<sup>st</sup> – 14<sup>th</sup>, 2024; Two Camera's & one Intercom - Jan 8 & 9<sup>th</sup>; Alarm Pad - Jan 6<sup>th</sup>; Volunteer Painters Jan 15 – 17<sup>th</sup>; 3 Doors & Trim installed by Jan 30<sup>th</sup>; many shelves reassembled and installed, 2 bunkbeds disassembled & removed, DEEP CLEAN Feb 20-25.

**HELP NEEDED and APPRECIATED for these items. Please contact Sonshine @ 219-405-7006 or email [info@worthyrecovery.org](mailto:info@worthyrecovery.org):**

Plan VALENTINE EVENT, organize rooms, shred paperwork, buy furniture & place, review Volunteer & Staff policies; PRAY & Go to court for chance #3 on Feb 27<sup>th</sup>, 2024.

## THE NEW WORTHY WOMEN TRANSFORMATION HOME:

1. Trained Biblical Counselors
  2. Heart change will dictate progress and rewards of residents.
  3. New Training Procedures for Volunteers and Staff
  4. Updated Policies and committed boundaries in place.
  5. Three Bedrooms, two smaller living rooms, better spaces.
  6. Staff Accommodations upstairs
  7. One on One teaching and homework help for residents
  8. Weekly classes instead of groups
  9. Weekly Fun activity for residents
  10. Strict rules for all on gossiping, complaining, doing what "we want"
- To volunteer please know that Residents **are not** anyone's friends until they graduate.

THANK YOU to all of you who endlessly pray, give and pray some more! We WILL keep our Biblical Values and obedience to God first. We want your prayers and financial support, because we are separated from any government funding 😊

PLEASE Give @ [www.worthyrecovery.net](http://www.worthyrecovery.net) to meet our **\$50,000 goal by April 28, 2024.** (My 59<sup>th</sup> Birthday)

PLEASE email **with any questions @** [info@worthyrecovery.org](mailto:info@worthyrecovery.org)

**You can also mail gifts to: WWRH, PO Box 116, LaPorte, IN 46352**

***Because of Jesus,***

*D. E. "Sonshine" Troche*

D.E. "Sonshine" Troche, ***Jesus Follower***

Worthy Women Recovery Home, Executive Director & Founder  
219-325-3360 Office

**WRI dba WWT and WWRH is a 501c3 Tax-exempt Charitable Organization.**