



Worthy Women Recovery Home, Inc. is a **Christian** ministry that offers housing and education to women suffering from criminal thinking and/or substance abuse.

1 Peter 1:7



[www.worthyrecovery.net](http://www.worthyrecovery.net)  
219-325-3360 501c3

## Living in obedience

## January 2023 Newsletter

From Sonshine's Heart,

I would like to say THANK YOU to each of you who helped us by giving financially last year. I am not surprised at God's faithfulness; however I am surprised that as EVERYTHING increases in price and becomes expensive, that 179 of you were able to give, and so generously. Raising funds for the home is not easy, training staff and doing my job(s) is not easy, it is obedience to God, listening to what HE is saying through his Holy Spirit, operating Worthy Women according to his word, his standards, his will.

Standing up for what the bible says is not easy with new residents, even though during our initial phone interview with a potential resident, they agree to be obedient. Once they come in and see that I am not budging on the word of God, the attitudes start along with the complaining, and gossiping no matter what they agreed to at the initial interview.

Has it been easy? NO, NOPE, NOT AT ALL, absolutely the opposite of easy. Have I been obedient. YES! Since this newsletter is very short, allow me to share Paige's Story. If you haven't seen her testimony, visit our website at [www.worthyrecovery.net](http://www.worthyrecovery.net). She was baptized by our Pastor from La Porte Missionary Church, Steve Galloway on November 22, 2022. Her former Youth Pastor Jim and his wife, Lora West, drove down from Kalamazoo, and local friends also came to support her. Paige is holding the sign to show our gratitude to the UNITY FOUNDATION for granting us Program Funding, because she really loves our programs, especially HEART OF ADDICTION and MORAL RECONATION THERAPY.





Paige came to WWRH on October 26, 2022, angry at everything and everyone and had an attitude that could quickly fill the room with a nerve-wracking spirit of evil. In my obedience, I started praying for her peace, her joy, and her ability to learn to speak up without World War 4 in mind. All her life, all 23 years of it, she has been taught to be tough, angry, combative,

irrational, etc. After a month of listening to her and TRYING to wait my turn to speak, I realized that she has a marshmallow for a heart. SHE JUST DID NOT KNOW HOW ELSE TO REACT; she was reacting according to how her father taught her to survive. ANGER EVERYTHING.....!

Yesterday, Paige graduated the **COPING WITH ANGER** Program, an MRT® Cognitive Behavioral Therapy Program component, by Correctional Counseling, Inc. In her testimony, she stated that “I learned that no one makes me mad, I choose to be.” See, Paige has learned here, to speak the truth calmly, without expecting others to agree with her. Paige has learned that there are ALWAYS two sides to a story. Paige has LEARNED that it is good to Trust and Obey God, rather than humans. Paige is a very old soul with a very mature responsible work ethic, stuck in a 23-year young body and mind. She is very gifted in Arts and Crafts, giving us tremendous help for our Banquet Decorations. She is always helpful, does not settle for second best, and NOW asks questions without the fear of being shut down/ignored. I personally hope and pray that Paige stays in La Porte, after she graduates WWRH. That she finds a job Grooming Dogs, what she loves and has done for 6 years of her life. More importantly I hope someone reading this will pray that God gives Paige a job where she can flourish, making good money to support herself, right here in La Porte, so that she will go to college (her dream), and stay around as a mentor to some of our next residents.

Our immediate needs are:

1. A Mature Jesus-Following Certified Recovery Coach and/or experience with Case Management.
2. A Mature Jesus-Following House Manager who can lead and encourage our residents in chores.
3. A Mature Jesus-Following Part-Time Business Major with skills in Fundraising/Marketing.
4. Two Mature Jesus- Following Volunteers who will ALWAYS guide the residents back to the word of God, when they complain or gossip about anything at all.
5. Monthly and one-time gifts for the above expenses.

Thank you again for giving, helping, praying, and sharing our mission. Please call for a tour at 219-405-7006 my cell phone or Email me at [info@worthyrecovery.org](mailto:info@worthyrecovery.org)

*D. E. "Sonshine" Troche*

D.E. "Sonshine" Troche, AAS, MRT® Advanced Certified, CAPRC II, CHW/CRS,  
Worthy Recovery Inc., Executive Director/Founder  
[info@worthyrecovery.org](mailto:info@worthyrecovery.org)